



**STOP LIVING A LIFE OF  
MEDIOCRITY AND  
UNLOCK YOUR  
FULLEST POTENTIAL**

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**The 3 Keys To Becoming The Ultimate Peak Performer In  
All Areas Of Your Life And Business**

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## Welcome to Reignite Your Life

I'm Dr. CINDY CORK, and I'm absolutely thrilled to be a part of your journey to unleash what you have deep within you to live a truly inspired life.

Whether you're looking for a physical, emotional, career or financial breakthrough - you've come to the right place.

We are holistic beings, and whatever occurs in one part of our lives, affects all the other parts. My belief is that real health occurs when we have balance in all aspects of our lives. If we are suffering from poor health, that affects our emotions and finances. When we are lacking on the financial side, that's going to affect our emotions, and then eventually physical symptoms appear. There has to be balance.

The thing is, people don't know how to succeed at this, so they end up living at a fraction of their true potential. They give up on their dreams and they settle for mediocrity. Or they stay stuck in dead end jobs that are going nowhere fast, living from paycheck to paycheck. They settle in their relationships, because they don't feel they can have what they really want. And they give up on having the body or energy levels that they really want. They feel powerless over their health.

And over time, we begin to lose hope that we can really change our circumstances. We stop striving because we don't believe that we can succeed. We stop creating relationships, socially and in business. And we anesthetize ourselves in ways that are counterproductive to good health because we just can't face living the life that we're living.

Did you know that by the age of 65, nine out of 10 people are broke? When they should be thinking of retiring, they're worrying about how to pay for their health care and bills on a measly Social Security cheque.

Almost 50% of marriages end in divorce. In fact, the rate of marriage is declining at an extraordinary rate. People are not even getting married anymore. They are meeting online and going to all these dating apps to "hookup", rather than striving to find deep, healthy, meaningful relationships.

40% of adults in the US are considered obese. Nearly half of the population suffer from at least one chronic illness such as hypertension, diabetes, heart disease, or arthritis. And these illnesses are occurring in younger and younger populations, whereas before it used to be something that was considered a natural part of aging.

***There are three main reasons that people fail to actualize their full potential.***

### **#1 - They Have Been Programmed For Mediocrity**

People are boxed in by the boundary conditions of their thinking. When we are young, we listen to what our parents say. But we watch what they do, and their actions become very potent nonverbal suggestions for how we should live our own lives. Add to that the environments that we grew up in - what we learn at school, in church, by society, what we see on television. Throughout life, we are continually taught lessons that disempower us through our experiences and the significant events in our life.

What happens if you want to launch a business, but you were always taught that you had to get a job that paid a steady wage? When I was growing up, that's what I was taught: that the ideal was to get a good job that paid benefits and that you could get a pension when you retired. That scenario does not even exist these days. Perhaps you were taught that you weren't good enough to be in business for yourself because you weren't smart. Or that launching a business would equal a lack of security and pain.

What happens if you desperately want to be in a relationship, but you are taught that relationships never work out? Or that you had to give up your dreams to be in a relationship or that anyone you love will ultimately run away?

What happens if you're out of shape and depressed, but you are taught that everyone in your family becomes overweight at a certain age, or everyone in your family gets this disease? It's inevitable to become a self-fulfilling prophecy.

Your past programming and conditioning can destroy your future unless you take the steps to break the shackles of the past and set yourself free.

### **#2 - Their Past Programming and Conditioning is Running their Life.**

If we've had a failed business or business relationship, oftentimes we find ourselves withdrawing from the playing field and just not going for it anymore. Maybe we don't know who we can trust, or we start feeling like we can't believe in our dreams anymore.

Maybe we've had a bad experience in a relationship, or a series of bad experiences that caused us have these same types of issues over and over again. Or, because of these bad experiences, we just remove ourselves from the realm of relationships completely.

Maybe from a physical perspective, we've gotten so out of shape that we feel that there's no point to even trying anymore. And the worse it gets, the worse we feel about ourselves. And as we become more self defeated, we go into a downward spiral from there.

We end up talking ourselves out of going to the gym and eating right; we talk ourselves out of launching the businesses that could set us free; we talk ourselves out of approaching the person we'd really like to connect with. Or we convince ourselves that we weren't worthy of any of these things in the first place. We fail to build our dreams and we chase away opportunities because our imagination gets the best of us.

Do any of these patterns sound familiar to you?

Without radical rehabilitation of consciousness, it becomes really easy to give up before you've even begun.

### **#3 - They Don't Know How To Reprogram Their Minds For Total Success**

Now, it's been said that practice makes perfect. That's not actually true, though. Practice makes permanent. Perfect practice makes perfect. When you discover the secrets of mental reprogramming and conditioning, your potential becomes unlimited.

How much more powerful would you be from a performance perspective if you could practice at the highest level of perfection?

Now I want to ask you a few questions.

- Do you want to break through the emotional and psychological shackles that keep you bound to the past?
- Are you serious about revolutionizing your performance?
- Do you dream of rocketing forward in a career path that allows YOU to create true financial freedom?
- How about attracting your soulmate or even rekindling a current relationship?
- How would you like to create perfect health or get in the best shape of your life?

It's possible to have all of those things and more, and I am going to tell you how.

First of all, let me tell you who Dr. CINDY CORK is.

I'm a former university professor. I've been blessed to teach hundreds of people globally, helping them to successfully realize their visions, to embrace their dreams and embrace the lives that they were really meant to live. I am certified in several holistic modalities such as iridology, medicinal foods, neuro-design engineering and hypnosis, and I put all of these modalities together in order to help people to improve their skills, and to help them heal and transform their lives. My specialty is in helping other people to transform every aspect of their life in order to change the world around them.

I started off as a pharmaceutical chemist but quickly realized that medications were not the path to true health. So I became a holistic optometrist because I wanted to see things more clearly. Eventually, I became a transformational coach as I realized that I

was always doing the same thing that I've been put here to do: help people open their eyes and see things in a brand new way.

These skills and talents have expressed themselves in different ways with regards to myself and my life. Working one on one with people or in groups, and coaching them to bring out their best. Doing medical missions in developing nations of the world to help poverty stricken areas, and helping their citizens to see the world in new ways and realize their visions of success. I've been on this path for close to 30 years now.

I believe that NOW it is your time to open your eyes to what's possible for your life.

***There are three steps to achieve success in every area of your life.***

### **STEP ONE: REVEAL**

First, we need to figure out what the underlying causes are that are creating the difficulties that you are experiencing. For example, if you're having issues with your physical health, what are the underlying causes of those symptoms? Unfortunately Western/allopathic medicine focuses on prescribing medications to suppress symptoms. But that doesn't really help, because if the underlying symptom is not addressed you're just going to continue to have these symptoms. Medications can only mask symptoms for so long before your system becomes overwhelmed. Then what?

### **STEP TWO: RELEASE**

Once we discover what that underlying issue is, we need to deal with it and fix it so that we can release that problem. Using physical health again as an example, this may mean performing a detox to release the poisons that have accumulated in our system causing these symptoms of dis-ease.

### **STEP THREE: REPAIR**

Now that we have released the issues that were causing the problem, we need to repair and strengthen that area. This is the third step to success. Once we get through all those three steps, we can then reignite the passion that we have for life. Because we that spark will sustain that fire moving forward.

How much more money would you make if you were to fall in love with your business or job? Instead of just trudging through your daily activities at work because you have to be there? What if you really were so excited to be there? Imagine how much more productive you would be.

How much better shape would you be in if you were to fall in love with working out and eating? How would you feel if you fell deeply in love with yourself? How would you feel about your life and what you could contribute to the world? ? How much stronger would your relationships be if you were to fall in love with fulfilling your significant other, or learning how to make them feel deeply loved?

Now I'd like to extend to you a special invitation.

If you're really serious about changing the trajectory of your life, and really moving to a more inspired life, I invite you to book a 30 minute Discovery Call with me.

**Let me help YOU see things in a brand new way.**

My experience comes from both the medical side and the holistic healing side. Working with the neurology, the mind, the body, the nervous system, and having been trained as a Doctor of Optometry, my understanding and my take on this is very unique as it's based on multiple disciplines.

Wayne Dyer has said, "If you change the way you look at things, the things you look at change." Our perspective comes from our experiences, our family structure that we grew up in, the schools we went to, the religion that we were brought up in, the society that we grew up in. All of this has programmed us and conditioned us to see the world in a certain way. We may not have had the best examples of relationships with ourselves, with our health, with our emotions, with our relationships or with our money when we're growing up, and we attract the same type of stuff as adults.

I'm sure you know what I'm talking about.

It's essential that you learn what is holding you back and what your blocks are. This is why we call it a Discovery Call, because this is where you discover what those underlying issues are. And then that can give us a place to start to move past those blocks and reprogram our way of thinking and of seeing the world to be more expansive and to be healthier.

Now, when you book your discovery call with me, you will also get a couple of bonuses.

You will receive my free e-book, ***Press The Reset Button On Your Life***, which contains several strategies on how to reset your physical health, your financial health and your emotional health.

You will also become a member of my private Reignite Your Life Facebook Community and Member Forum, a community of like-minded individuals who are all aspiring for a more expanded view of their lives. People who are motivated to find the spark that helps them to have a purpose and bring their purpose to life. It's a safe place for you to share what challenges you're going through. Everyone in there has some area of their

life that they're more challenged in and we are all working on creating balance in all three areas.

If you are serious about radically transforming your physical, emotional, or financial life, then I encourage you to [book your Discovery Call with me NOW](#) so that you can start transforming your results today. My discovery calls are normally \$500 but I am reserving a limited amount of spaces for you at no charge. There is a form that you will need to fill out before you can book the call and you must fill it out in its entirety. I will be very frank, if that is too much work for you, then you you're not the type of person that will benefit from having this call or being in my group. So make sure that you fill that form out completely.

Remember, there are a limited amount of spots available, so make sure that you [book your call with me NOW!](#)

**Let's get started with Transforming and Reigniting Your Life.**

*Testimonial*

"Dr. Cindy made me realize that all things are possible when we listen to our inner guidance.

I can't even say that I re-discovered myself  
- because I never even knew myself prior to working with her.

Sign up for this amazing experience, and you'll find that it's one of the best investments you'll ever make in your life."

- Diamond McMaster

A portrait of Diamond McMaster, a woman with dark hair, smiling, wearing a red top and large hoop earrings. The photo is framed by a thin blue border.

# Testimonial

"I'm so impressed with Dr. Cindy Cork's commitment to helping people and healing the world.

In all of my years in personal and professional development I have not met someone who has shown the dedication that Cindy has to uplift the standard of living of others, with every tool at her disposal.

There are a lot of people that talk the talk, through Cindy's global efforts she has demonstrated the undeniable example of walking the walk."

- Chris Howard  
Best-Selling Author, Award-Winning  
Entrepreneur, Trainer

